

**Government of Karnataka**  
**Department of Public Instruction**

**“A Study of awareness among students about  
Population education as a result of conducting role  
play and folk dance competitions”**

**EXECUTIVE SUMMARY**

**Suggestion and Guidance:**

**Sri. Raghunandan R.**

Principal and Deputy Director (Development)  
Department Of Public Instruction  
DIET, Mysuru.  
Karnataka.

**Research team**

Smt. Pushpalatha K.M Lecturer, DIET, Mysuru.  
Smt. Triveni K. Lecturer, DIET ,Mysuru  
Smt. Mamatha M. Lecturer, DIET, Mysuru.  
Sri. Shankar, Maharani D.Ed, College, Mysuru.  
Sri. Devaraj .A.R Lecturer, DIET, Mysuru.

**District Institute of Education and Training, Mysuru.**

**2016**

## **“A study of awareness among students about Population education as a result of conducting role play and folk dance competitions”**

### **Objectives of the Study.**

- 1) To know the level of understanding of students towards population education.
- 2) To compare the life skills between participants and non participant students in these competitions.
- 3) To record the changes occurred in students after participating in population education competitions.
- 4) To create conducive atmosphere in schools to make population education more effective.

### **Research Questions**

- 1) How far the students have understood the concept of population education ?
- 2) Whether there is any difference in the life skills of participants and non-participants.
- 3) Whether there is any change in the attitude and behaviour of the participants regarding population education.
- 4) Whether proper atmosphere has been created in the schools to make population education more effective.

### **Need of the Study.**

“Today’s children are the citizens of tomorrow”, is a popular saying. As such, it is necessary to develop ideal ethics, values, morale, honest living, punctuality, healthy habits, positive attitudes etc. among children to make them disciplined citizens. Hence with inculcation of the above mentioned qualities, the youngsters can become invaluable resources of the nation. It is even essential to know the impact and influence of competitions on students held from the school level to the national level. This study has been undertaken with the same purpose.

### **Method of Study and Research.**

Survey method has been adopted in this study.

### **Findings of the Study.**

- It is found that students participate in only one or two themes in population education competition resulting in the development of partial knowledge. Hence they are lacking in constructing the whole concept of population education.
- It is found that although there is a short fall in developing concept of population education among students who have participated, the students collect information on population education through different activities in the school.
- With regard to the acquisition of life skills among students, they tend to behave smoothly when they get angry. Also they share their feelings with friends and participate boldly in all activities.
- It is found that the boys and girls behave normally during their participation in the competitions.
- It is found that the students who participated in competition have actively involved in Yoga, Pranayama, Surya Namaskara etc., everyday than the non participants.
- It is found that most of the students have directly participated in the district level competition and thus are lacking in developing the concept effectively.
- Even though the decision making ability is found low among students who participated, they are able to take decision with the help of their parents.
- The students participated in folk dance are found successful to carry out the task in a meticulous manner.
- It has been observed that 95% of students who participated in role play do not yield themselves to the pressure of their friends in developing bad habits.
- It has been observed that the students who have participated in both the activities are away from bad habits.
- It is found that the students who have participated lack the attitude to receive the circumstance as and when it comes.
- It is found that the competitions have not much influenced the gender sensitivity among students.
- The competition have resulted in the development of very few life skills and other life skills also is needed to be developed.

- It has been noticed that the students participating in folk dance are successful in getting equal opportunity in all occasions of the school programme.
- It is found that the boys and girls are equally participating in all the school programmes without any hesitation.
- It is found that students have not responded positively towards the inclusion of sex education in high school level.
- It is found that the students who participated are engaging themselves in environments concerned activities.
- It is found that there is no difference in the attitude of participant and non participant students on gender equality.
- It is found that students participated in role play are against gender bias.
- It is found that both boys and girls participate in role play are less recession to daily life situation.
- The students who participated have developed the attitude of discussing the facts and myths relates to 'AIDS' than non participants.
- It is observed that 11-15% of students who have participated in role play and folk dance have chosen the options "can't say" for the question whether TV Programmes are the responsible for the deterioration of students moral values .this is because students are in state of confusion.
- It is observed that their is an improvement in handling stressful situation among students who have participated in folk dance.
- Participants of role play have shown interest towards personnel hygiene.
- It is observed that the participants of the both the competition have developed habit of respecting elders.
- It has been observed that the influence of folk dance competition is more upon children than role play in acquiring knowledge and understanding of emotions.
- It has been observed that there is lack of guidance by the teachers in implementing the main objective and guiding the students towards the competation.
- Although teachers have opined that there is considerable development in various aspects of child's personality values,confidence, leadership skills,their talent in sports,music,dance etc...they have failed to exactly point out a particular lifeskill which student has acquired.

- It is found that 11- 15% of students do not have clear opinion on dense population of a country is a boon or curse. Through this, we can conclude that students are lacking in developing these concepts.

### **Educational implications.**

- 1) Role play and folk dance competitions shouldn't be mere ordinary competitions as they have a wide scope. They are effective means of creating awareness among the youth about population education with specific aims, objectives and goals. Therefore the mentor teacher also need to understand comprehensively about population education.

- 2) The participants can deeply think, introspect, collect information, speak, engage themselves and feel like the characters they play. Thus, they develop one sided view and lack the calibre to develop comprehensive approach of demographic education. This is applicable even to the teachers. Therefore everybody should be made aware of the basic objectives and activities in details about population education.
- 3) The influence of role play seems to be practically more effective than folk dance. Because, when a student plays a particular character, he feels like the character. But by analysing the factual thing, it has been observed that the influence of dance is immense than role play up on children in acquiring knowledge, understanding emotions and mental attitude. This is due to lack of opportunity to use the mother tongue in role play. Hence opportunities to make use of mother tongue seems to be appropriate as it is a natural process and is the strongest motivation as the child has imbibed the language with his mother's milk.
- 4) The inclination of both the teachers and students to select subjects like environment protection, awareness programme about AIDS, hygiene is not a myth, but a reality. Thus proper measures should be undertaken to select topics for the proper understanding of the social challenges in order to combat them.

